



## September in the Lake District

Purples, reds, oranges and yellows. The Lake District is alive with colour in autumn as leaves succumb to the lack of sunlight before finally being blown away from the trees by the strengthening breeze. Depending on who you speak to, this is the prettiest time of year to visit.

If you have dined with us recently you may have seen some exciting changes to both our lunch time and A La Carte menus. Meet Alex our Executive Head Chef.



Alex has joined us from the iconic Waterside Inn, Bray on Thames. The Waterside being Michel and Alain Roux's flagship 3 Michelin Starred Restaurant nestled on the bank of the river Thames.

Under the guidance of Michel and Alain Roux, Alex worked his way to Senior sous chef where he spent 6 years training at the highest level and travelling the world with Michel Roux through pop up promotions promoting the Waterside Inn.

Alex says 'having spent time in the Lakes during a university degree at Lancaster University, I always wanted to return to

to the area someday. To have the opportunity to come and live and work here was too great an opportunity to turn down. I was immediately drawn to The Punch Bowl the first day I came. This was combined with Richard's passion for his product and a shared vision moving forward for The Punch Bowl. I cannot wait to showcase my style and passion for this industry and make the most of all the wonderful products the Lake District has to offer'.

Alex brings with him a refined style of cooking and influences from all places he has travelled and worked in.

Sample copies of both our lunchtime and A La Carte Menus can be found on the website [www.the-punchbowl.co.uk/food](http://www.the-punchbowl.co.uk/food).

### **September events**

September sees the streets and venues of Kendal buzz with world-class artists and entertainers as Lakes Alive hits town, and water babies shouldn't miss the Windermere Epic Lakes Swim on England's longest lake on Sunday 15th September

Celebrity Chef, Simon Rimmer, presenter of Channel 4's Sunday Brunch, Chef & Restaurateur will be at The Westmorland County Show, Thursday 19<sup>th</sup> September. Simon will be doing 2 completely different demos on the day, touring the Show meeting farmers and producers. Make sure to check out our Food Theatre Schedule for the full day to make sure you don't miss out.

### **Christmas & New Year**

It is never too early to book! Our Christmas lunch and New Year's eve menus are now available. For copies of our menus and availability, please give our lovely ladies on Reception a call (015395 68237).

Why not let us do the work? Sit back and enjoy a 2 night stay with us for either Christmas or New Year. For prices and availability please check out our website ([www.the-punchbowl.co.uk/room-tariffs](http://www.the-punchbowl.co.uk/room-tariffs)), or alternatively give us a call.

### **Accommodation**

We have some super rates for September and October. We have a special 2-night stay with dinner on the first night, or alternatively, join us for a 3 night stay and pay only for 2 nights. For further information, please check our website ([www.the-punchbowl.co.uk/offers](http://www.the-punchbowl.co.uk/offers)), or alternatively give us a call.

### **Looking for a Christmas gift?**

We sell vouchers in £5.00, £20.00 and £50.00 denominations. Please contact our Reception Team who will be happy to process your request. 015395 68237.