Originally dating back to 1829 when it was also used as a blacksmith’s shop, the Punch Bowl has been extensively refurbished and today provides a truly unique, relaxing blend of old charm and new, modern comforts. Warm, friendly service and the finest award-winning food and drink make the Punch Bowl the perfect choice for a break in the Lakes.

The Punch Bowl Inn & Restaurant is tucked away in the heart of the unspoilt Lyth Valley countryside next door to the Parish Church of St Mary’s. Views from the Inn stretch for miles down the valley taking in the damson trees and orchards that this area of the Lake District – between the towns of Kendal and Windermere – is famed for.
The Noble suite is the Punch Bowl’s crowning glory and occupies the entire third floor of the Inn. Open to the eaves throughout, the high ceilings have twinkling star-like fairy lights as well as statement chandeliers bringing a touch of old style glamour to the countryside. The bathroom has side-by-side roll top baths, dual sinks, and an oversized monsoon shower.

The Punch Bowl’s nine gorgeous rooms are full of character and homely charm and all have that extra touch of luxury. They have their own individual style but all have exposed wooden beams, flat screen TVs and Roberts Revival radios. The large en-suite bathrooms have monsoon showers; underlit freestanding roll top baths, luxurious toiletries, and heated limestone floors. In keeping with the Punch Bowl’s location, all rooms are named after past incumbents of Crosthwaite Parish Church, dating from 1569 through to 1900.
**Strickland**

Strickland is the most dramatic room with its high ceilings, rich hand blocked Farrow & Ball wallpaper, silk corona curtain over the king sized bed, and statement 7-foot mirror. Deep ruby red furnishings, including a sumptuous sofa, add to its warmth.

**Cooper & Birkett**

Cooper & Birkett are more contemporary in style with reclaimed elm four-poster beds. Decorated in natural tones, the woollen throws and cushions provide splashes of colour. Both rooms have large freestanding mirrors and beautiful, uninterrupted views down the valley.

**Heelis**

Another king size room, Heelis is decorated in muted sage green and light beige tones with an open ceiling to wooden beams. A high deep set window looks out over the trees down to the car park.

**Peake**

Peake is the smallest room with a standard double bed and two windows that flood the room with light. Decorated in a cool, pale colour palette, Peake has plenty of soft furnishings to provide exceptional comfort. Views stretch down the valley over the churchyard.
Another king size room, Whitelock has a classic country cottage feel with plenty of exposed wooden beams and a deep set window, which looks out over the mature rockery garden and outside terrace. A mix of antique style furniture, including a large dresser, completes the look.

Danson
Danson is the epitome of country chic with its low beams and charmingly rustic decor. Colours are natural and understated with simple yet classic tones of sage green throughout. A spacious room with large windows and a king sized bed, Danson still manages to exude a cozy, warm, and homely ambience.

Hebblewhite
With similar tones to Danson, Hebblewhite is another large room with a super-king sized bed. Shabby chic effect white furniture matches the neutral tones of the room with splashes of raspberry red added for warmth. Hebblewhite can also be used as a twin room.
Dining at the Punch Bowl offers a choice of a contemporary style formal restaurant or traditional, relaxed pub environment. The restaurant is light and airy with polished oak floors, comfortable modern leather chairs, and stunning stone feature fireplace.
LOUNGE & BAR
The Beethay slate bar has two snug dining areas including one with a sumptuous leather sofa and cozy log burner making it the perfect place to chill out with pre or post dinner drinks.

FOOD & DRINK
The Punch Bowl’s award winning menus are served daily in both dining areas. Dishes are seasonal, honest and exciting with exquisite textures and flavours created using the finest locally sourced ingredients – many from the surrounding countryside and owner’s farm. Everything, including bread, is 100% freshly homemade by the team of talented young chefs. The Punch Bowl’s location in the heart of damson country means that damson fruit is picked from the valley in plentiful supply to preserve and use all year round. Superb service and a great choice of wines, local ales, and a selection of malt whiskies, complete what is a stunning dining experience at the Punch Bowl.
EXCLUSIVELY YOURS...

From family celebrations and parties to intimate weddings, the Punch Bowl can be exclusively yours to celebrate those special moments in life. Punch Bowl chefs will spoil and delight with a range of mouthwatering dining options and every smallest detail will be taken care of to ensure the day is filled with magical memories. The stunning backdrop of rolling fields adds to the romance of the occasion and also serves up some superb photographic opportunities. For weddings, The Punch Bowl is licenced for civil ceremonies or the picturesque parish church is right next door!

From North Lakes: Take the A591 south from Ambleside, to Windermere. At the mini roundabout take the A592 to Bowness. In Bowness at the mini roundabout bear right, then first left onto the A5074. Follow Lyth Valley and Lancaster signs through Winster village. After approx 2 miles, at the sharp righthand bend, turn left for Crosthwaite. Go through the village. The Punch Bowl is situated on the right hand side next to the church.

From the M6 N/S: Take junction 36 off the M6 and head for Kendal on the A591. Take the first exit toward Barrow. At the roundabout, take the first exit toward Barrow on the A590. After approx 2.5 miles, turn right on the A5074 toward Bowness and Windermere. Continue approx 3.5 miles then take the first right after the Lyth Valley Hotel. At the top of the lane, turn left and The Punch Bowl is on the left next to the church.